

CPD Programme/Activity Title	Physio Plus	CPD Sub-Category C=core N=non core	CPD Main Category	CPD Point(s)	CPD Code
A literature Review of Treatments for Plantar Heel Pain		Core	Category I	2	PC1250243
Anatomy and Physiology Significant to Dysphagia		Core	Category I	2	PC1250244
Ankle and Foot Anatomy for Dancers		Core	Category I	1	PC1250245
Ankle and Foot Biomechanics for Dancers		Core	Category I	1	PC1250246
Animal Physiotherapy Ethology and Patient Communication		Non Core	Category I	4	PN1250247
Art and Expressive Therapies for Parkinsons		Core	Category I	1	PC1250170
Assessment of Dysphagia		Core	Category I	1	PC1250171
Assistive Technology for Hearing		Core	Category I	2	PC1250172
Beat Distractions and Learn More Effectively		Non Core	Category I	1	PN1250173
Brainstem Anatomy and Function		Core	Category I	1	PC1250174
Cerebellum Anatomy and Function		Core	Category I	1	PC1250175
Clinical Education Models		Non Core	Category I	2	PN1250176
Clinical Reasoning and Differential Diagnosis of the Sporting Elbow		Core	Category I	1	PC1250177
Clinical Reasoning Processes for Examination and Evaluation		Core	Category I	2	PC1250178
Core Activation and pelvic girdle exercises in the PGM Method		Core	Category I	1	PC1250179
Core Strengthening in the PGM Method		Core	Category I	1	PC1250180
Cranial Nerves Overview and Assessment		Core	Category I	1	PC1250181
Dysphagia Rehabilitation Management		Core	Category I	1	PC1250182
Exploring Metabolic Syndrome in Rheumatic and Musculoskeletal Disease Webinar		Core	Category I	1	PC1250183
Foundations of Professionalism		Non Core	Category I	1	PN1250184
Gathering Biomedical Information in the Subjective Evaluation		Core	Category I	2	PC1250185
Gathering Psychosocial Information in the Subjective Evaluation		Core	Category I	2	PC1250186
Guide to Upper Extremity Myofascial Chains for Therapists Webinar		Core	Category I	2	PC1250187
Guidelines for Physical Activity for Persons with Spinal Cord Injury		Core	Category I	1	PC1250188
How to select the Best Running Shoes		Core	Category I	1	PC1250189
Injuries Specific to Children and Teenagers		Core	Category I	1	PC1250190
Introduction and Overview of Nervous System		Core	Category I	2	PC1250191
Leadership Skills and Emotional Intelligence		Non-Core	Category I	2	PN1250192
Leadership Skills and Personal Values and Beliefs		Non-Core	Category I	1	PN1250193
Leadership Skills and the Therapeutic Alliance		Non-Core	Category I	1	PN1250194
Leadership Skills in Balancing Time and Workload		Non-Core	Category I	2	PN1250195
Leadership Skills in Coaching and Mentoring		Non-Core	Category I	1	PN1250196
Leadership Skills in Developing High Performance Team		Non-Core	Category I	2	PN1250197
Leadership Skills in Leading Change		Non-Core	Category I	1	PN1250198
Leadership Skills in Managing Conflict in Rehabilitation		Non-Core	Category I	2	PN1250199
Literature Review of the Assessment of Plantar Heel Pain		Core	Category I	1	PC1250200
Making Sense of Generative Artificial Intelligence in Physiotherapy Webinar		Non-Core	Category I	1	PN1250201
Management of Deconditioning in Parkinsons Case Studies		Core	Category I	3	PC1250202
Master the Skills of Professionalism		Non-Core	Category I	1	PN1250203
Measuring Range of Motion for the Sporting Hand and Wrist		Core	Category I	1	PC1250204
Mobility and Strength for the Sporting Hand and Wrist		Core	Category I	2	PC1250205
Neuroanatomy of the Cerebrum and Cerebral Cortex		Core	Category I	1	PC1250206

Neuroanatomy of the Major Subcortical Structures	Core	Category I	1	PC1250207
Nutrition and Sleep Hygiene for Parkinsons	Core	Category I	1	PC1250208
Osteoarthritis Fundamentals for Rehabilitation Professionals	Core	Category I	1	PC1250209
Overuse Injuries and Burnout in Paediatric Athletes	Core	Category I	1	PC1250210
Overview of Dysphagia	Core	Category I	1	PC1250211
Overview of Womens Pelvic Health	Core	Category I	1	PC1250212
Parkinsons Assessment for Physiotherapists	Core	Category I	1	PC1250213
Pelvic Balancing Exercises in the PGM Method	Core	Category I	1	PC1250214
Physiotherapy Management of the Sporting Elbow	Core	Category I	1	PC1250215
Practical Methods for Scar Mobilisation in Caesarean Section Recovery Webinar	Core	Category I	1	PC1250216
Practical Mindfulness Applications for Our Patients	Core	Category I	1	PC1250217
Pregnancy and Postpartum Considerations in the PGM Method	Core	Category I	2	PC1250218
Principles of Range of Motion Testing	Core	Category I	2	PC1250219
Professional Behaviours in Critical Thinking and Communication	Non-Core	Category I	1	PN1250220
Professionalism and Ethical Practice in the Workplace	Non-Core	Category I	1	PN1250221
Professionalism as an Individual and Part of a Team	Non-Core	Category I	1	PN1250222
Rehabilitation of a Patient with Burns from Hospital to Home Case Discussion	Core	Category I	1	PC1250223
Rheumatoid Arthritis Fundamentals for Rehabilitation Professional	Core	Category I	2	PC1250224
Role and Responsibilities of the Trainer	Core	Category I	2	PC1250225
Sacroiliac Belt and Patient Education in the PGM Method	Core	Category I	2	PC1250226
Sexual Function and Reproductive Health after Spinal Cord Injury	Core	Category I	2	PC1250227
Side Effects of Verbal Cueing and Interventions to Alter Gait Deviations	Core	Category I	1	PC1250228
Spinal Cord Anatomy and Functions	Core	Category I	1	PC1250229
Start of the Art in AI part I	Non Core	Category I	1	PN1250230
Starting Community Based Physical Activity Groups in Low Resource Environments for	Core	Category I	1	PC1250231
Steps to Appropriate Wheelchair Assessment	Core	Category I	2	PC1250232
The Role of the Anterolateral Neck in Cervicogenic Headache	Core	Category I	1	PC1250233
The Role of the Superior Scapula in Cervicogenic Headache	Core	Category I	1	PC1250234
The Role of Upper Cervical Spine in Cervicogenic Headache	Core	Category I	1	PC1250235
Top Tips for Ankle and Foot Injury Management in Dancers Webinar	Core	Category I	1	PC1250236
Trunk and Lower Limb Manual Muscle Testing	Core	Category I	1	PC1250237
Understanding and Measuring Fatigue in Athletes and Patients Webinar	Core	Category I	2	PC1250238
Vital Breastfeeding Questions Every Healthcare Provider Should be Able to Answer	Core	Category I	2	PC1250239
Wellness and Lifestyle Strategies for Parkinsons	Core	Category I	1	PC1250240
Why Power and Pinch Grips Matter in the Sporting Hand and Wrist	Core	Category I	1	PC1250241
AI for Personal Productivity with a Practical Guide to Integrating AI into your Workflow	Non-Core	Category I	1	PN1250248
Introduction and Overview of the Nervous System	C	Category I	1	PC1250058
Neuroanatomy of the Cerebrum and Cerebral Cortex	C	Category I	1	PC1250059
Differential Diagnosis of Anterior Hip Pain Through Patient Case Studies Webinar	C	Category I	1	PC1250060
Terminology and Basic Concepts in Anatomy	C	Category I	1	PC1250061
Clinical Education Components for the Student	N	Category I	1	PN1250062
Emerging Trends and Challenges in Global Health	C	Category I	1	PC1250063
AI in Health Professions Education	N	Category I	1	PN1250065
AI in Research	N	Category I	1	PN1250066

AI in Clinical Practice
Creative and Caring Interventions for Children Affected by Trauma Webinar
AI for Personal Productivity with a Practical Guide to Integrating AI into your Workflow Webinar
Treatment Plan Decision Making through a Live Session with a Person with Parkinsons Webinar
AI in Health Systems and Professional Practice Webinar
Practical Methods for Scar Mobilisation in Caesarean Section Recovery Webinar
An Introduction to Augmentative and Alternative Communication
Cerebral Palsy Occupational Therapy Assessment and Intervention Overview
Early Rehabilitation For Tetraplegia
Burns Pressure Garment Therapy
Optimising Orthotic Effectiveness in Ambulant Cerebral Palsy
Introducing Orthotic Management in Ambulant Cerebral Palsy
The RIPS Model of Ethical Decision Making
Optimising Prosthetic Gait Analysis in Individuals with Amputation
Phantom Limb Pain Overview
Phantom Limb Pain Management
Overview of Basic Wound Cleansing and Debridement
Introduction to Wound Dressings
Overview of Wound Compression and Offloading
Overview of Shoulder Assessment
Ethical Reasoning Bridge
Cerebral Palsy and Activities of Daily Living
Understanding the Multisystem Impact of Cerebral Palsy
Therapeutic Exercise Prescription Guidelines
Clinical Overview of Bone Health and Dysfunction
Fracture Fundamentals for Rehabilitation Professionals
Wheelchair Mobility in Spinal Cord Injury
Early Rehabilitation for Incomplete Spinal Cord Injury
Early Rehabilitation for Paraplegia
Adult Learning Principles
Roles and Responsibilities of the Trainer
Training Strategies for Clinical Trainers
Teaching and Learning in Clinical Education
Navigating Regulatory Documents for Professional Behaviour
Social Determinants of Health
Commercial Determinants of Health
Emerging Trends and Challenges in Global Health
Global Health for Rehabilitation Professionals
A Global Perspective on Ethical Theories

N	Category I	1	PN1250067
N	Category I	1	PN1250068
N	Category I	1	PN1250069
C	Category I	1	PC1250070
N	Category I	1	PN1250071
C	Category I	1	PC1250072
C	Category I	2	PC1250073
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C	Category I	3	PC1250099
N	Category I	0.5	PN1250100
C	Category I	1	PC1250101
C	Category I	1	PC1250102
C	Category I	1	PC1250103
C	Category I	1	PC1250104
N	Category I	0.5	PN1250105

Organisational Systems and Standard Operating Procedures for Business and Practice Management
The Dynamic Nature of Professional Codes of Ethics
Assistive Technology for Hearing
Quality Management Essentials for Rehabilitation Business
Emergency Preparedness and Health and Safety Procedures for Rehabilitation Business
Facilities and Equipment Management for Rehabilitation Businesses
Personnel Management and Human Resources for Rehabilitation Businesses
Organisational Systems and Standard Operating Procedures for Business and Practice Management
Introduction to Business and Practice Management for Rehabilitation Professionals
Fall Prevention Strategies and Home Modification
Hearing and Communication Consideration in Function Based Rehabilitation
Integrating Neurological Screening in Musculoskeletal Rehabilitation
Overview of Knee Assessment
Overview of the Cardiovascular and Respiratory Systems
Psychological Support in Rehabilitation
Vision Considerations in Function Based Rehabilitation
Pain Management in Function Based Rehabilitation
Mental Function Considerations in Rehabilitation
Nutrition and Dysphagia Consideration in Function Based Rehabilitation
Self Care and Participation in Function Based Rehabilitation
Cardiovascular and Respiratory Considerations in Function Based Rehabilitation
Motor Functions and Mobility Considerations for Function Based Rehabilitation
Patient Centred Approach to Care
Introduction to Musculoskeletal Histology
Musculoskeletal Evaluation Concepts
Compression Therapy Guidelines for Lower Extremity Oedema
Transforming Health Professions Education Through AI
Professional Values
Introduction to Rehabilitation at the Primary Care Level
History Taking in Musculoskeletal Rehabilitation
Foundations of Balance Assessment
Knee Arthroplasty Home Based Management Progression
Knee Arthroplasty Home Based Initial Management
Knee Arthroplasty Home Based Rehabilitation Evaluation
Pharmacotherapy and Rehabilitation Treatment Considerations
Neuroimaging Essentials for Rehabilitation Professionals
Neuroanatomy and Clinical Implications of Cognition
Neurological Foundations of Motor Assessment
Neurological Foundations of Sensory Assessment

N	Category I	1	PN1250106
N	Category I	0.5	PN1250107
C	Category I	1	PC1250108
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C	Category I	3	PC1250143
C	Category I	2	PC1250144

Neuroscience of Pain
Neurological Origins of Vital Signs
Neuroplasticity and Motor Learning
Shoulder Assessment and Treatment Principles in Overhead Athletes
Transhumeral Prosthetic Essentials
Transradial Prosthetic Essentials
Cognitive Assistive Technology
The Interrelationship of Professional Ethics and Communication
Becoming a Reflective Clinician
Bridging the Gap Between Early and Late Stage Rehabilitation for Athletes
Shoe Modifications
Foundations of Postural Assessment
Trunk and Lower Limb Range of Motion Testing
Cervical Spine and Upper Limb Range of Motion Testing
Principles of Range of Motion Testing
Kinetic Chain Assessment and Treatment Principles in Overhead Athletes
What Is Rehabilitation and Assistive Technology
When Are Rehabilitation and Assistive Technology Provided
Where Can Rehabilitation and Assistive Technology Be Provided
Who Provides Rehabilitation and Assistive Technology
The Neuron and the Neuronal Network
Thoracic and Scapular Assessment and Treatment Principles in Overhead Athletes
Leprosy and Poliomyelitis Overview and Physiotherapy Considerations
Linking the Kinetic Chain with Performance and Treatment in Overhead Athletes

C	Category I	2	PC1250145
C	Category I	2	PC1250146
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