



**Introductory Musculoskeletal Ultrasound Imaging in the Physiotherapist Perspective**  
**Series 2**

**Date:** 12 (Sat, 1:30-6:30pm) & 13 (Sun, 9:30am -1:30pm; 2:30-6:30pm) April 2025  
(Re-scheduled)

**Venue:** 12/F, Virtus Medical Tower, 122 Queen's Road Central, Central, HK

**Organizer:**

Virtus Medical Group

Hong Kong Physiotherapist Union (HKPU)

**Instructors:**

Dr. Winnie Chan, Specialist in Radiology

Radiologist, Hong Kong Medical Imaging, Hong Kong MRI

Dr. Priscilla Wong, Specialist in Rheumatology

Rheumatologist, Virtus Medical Group

Dr. Nicola Mok, Registered Physiotherapist

Assistant Professor, Tung Wah College

Dr. Arthur Lee, Registered Physiotherapist

Consultant Physiotherapist, Virtus Medical Group

**Target participants:** Registered Physiotherapist, Physiotherapy student

**Medium of instruction:** Instructed in Cantonese, Content written in English

**Capacity:** 16-20 (max 4 therapists in one group, one ultrasound machine per group)

**Fee:** \$4500 (HKPU member) \$5000 (non-HKPU member)

**CPD from HKPU:** 10 points

**Sponsors:** Sonos Medical Limited & Pacific Medical Systems

## Rundown

<b>SAT, 12 April 2025</b>	
1:30pm	Registration
1:45pm – 3:15pm	Introduction (by Dr. Arthur Lee) 1/ Area to be covered in this course 2/ Basics in Sonography 3/ Understanding benefits and limitations of ultrasonography in physiotherapy practice
3:15pm - 4:15pm	<b>Back &amp; Core muscles (by Dr. Nicola Mok)</b> 1/ Standard Views 2/ Screening & Biofeedback techniques on core muscles (Multifidus, Transverse abdominus etc...)
4:15pm – 6:15pm	Hands-on Practice Max. 4 therapists in one room One ultrasound imaging unit per room “Guided Tour” by instructor to go through the “standard views”
6:15pm - 6:30pm	Q&A
<b>SUN, 13 April 2025</b>	
9:15am	Registration
9:30am – 10:30am	<b>Shoulder (by Dr. Winnie Chan)</b> 1/ Standard Views 2/ Common Pathologies that you can detect: Rotator cuff pathologies, Biceps tendinopathy & subluxation, Frozen shoulder / Capsulitis, etc...
10:30am – 1:30pm	Hands-on Practice Max. 4 therapists in one room One ultrasound imaging unit per room “Guided Tour” by instructor to go through the “standard views”
LUNCH	

2:30pm – 3:30pm	<b>Elbow &amp; Forearm (by Dr. Priscilla Wong)</b> 1/ Standard Views 2/ Common Pathologies that you can detect: Epicondylitis, Elbow flexors/extensors & Forearm muscles strains, Elbow & RU joints & ligamental / neural tissue injuries etc...
3:30pm – 6:15pm	Hands-on Practice Max. 4 therapists in one room One ultrasound imaging unit per room “Guided Tour” by instructor to go through the “standard views”
6:15pm - 6:30pm	Q&A, Round up

**Deadline of application:** 29 March 2025

**Remarks:**

- \* Please fill in the application form <https://forms.gle/tzgKGxLC3U656WHS7>
- \* Successful applicants would be contacted by email.
- \* Payment: Bank-in. Please send the proof of the payment to email: [vmt.rehab12@virtuscare.com](mailto:vmt.rehab12@virtuscare.com)
- \* Once payment is received, no refund is given unless the available spot is filled from a waiting list.
- \* On a First-come, first-served basis.
- \* Virtus Medical Group reserve the right to cancel the course due to low enrollment or inclement weather or pandemic condition. Full refund will be given in such circumstances.
- \* Status of HKPU membership is based on the updated list from HKPU and is counted up to the date of deadline of application.
- \* For application enquiries, please contact us (Whatsapp [66889128](https://www.whatsapp.com/channel/0029966889128), Email [vmt.rehab12@virtuscare.com](mailto:vmt.rehab12@virtuscare.com))