

Evidence based McConnell Approach to chronic knee problems



Speaker **Alfio Albasini**
 Mcconell Institute Instructor


Alfio Albasini became officially McConnell Instructor since 1997. He is now teaching the McConnell Concept in different countries in the world in six different languages.

He also proposed the concept of neurodynamics in physiotherapy/physical therapy since 2009 and has presented numerous keynote and invited lectures globally on the subject. He has been teaching internationally since the early 1990s in approximately 30 different countries.


 22-23/06/2024

 12/F, Virtus Medical Tower

122 Queen's Road Central, Hong Kong

 \$4,500 (HKPU member), \$5,000 (non-HKPU member)

 10 CPD points

 Instructed in English, Content written in English

 20 people

10% off
 for total course
 fee if participating
 in both course!



Course Outline

This workshop will cover the patellofemoral program with evidence-based practice from a double-blind placebo controlled clinical trial. In the workshop participants will learn assessment skills and treatment strategies to address patellofemoral pain, patellar tendinosis, fat pad irritation, illiotibial friction syndrome, recurrent subluxation, pes anserinus bursitis, chondromalacia and osteoarthritis of the tibiofemoral and patellofemoral joints.

Course content include:

- **assessment of the static and dynamic alignment of the lower limb in relation to how it affects the knee as well as assessing the alignment of the patella.**
- **evaluation of the quadriceps and gluteal control.**
- **evaluation of the integrity of the lateral structures.**
- **taping method to correct patellar alignment and decrease symptoms of fat pad irritation and patellar tendinosis, as well as osteoarthritis, illiotibial friction syndrome and subluxation.**
- **design of home exercise program.**
- **surface EMG for neuro-muscular re-education.**

立即報名
Enroll Now



Please email

henry.guo@virtuscare.com