



香港物理治療師協會  
HONG KONG PHYSIOTHERAPISTS' UNION

# **Rudimentary Movement Reflex Integration (RMRI) - an effective way to promote postural control: Level 1**

Organized by INTEGRATED LEARNER; Co-organized by HONG KONG PHYSIOTHERAPISTS' UNION

## **Introduction of the course**

When baby is born, a set of primitive reflexes is ready for them, as survival and protection tools accompanying to the new environment.

Primitive reflexes should be gradually integrated into higher brain after birth, which then follow with postural reaction and voluntary movement development. Any retained primitive reflex interferes the development of advanced motor skill, brain function and learning ability. Majority of child can self-integrate the primitive reflex by repeating some rudimentary movement. Unfortunately, retained primitive reflex is commonly found in SEN children that hinder their brain function and development.

In this course, we are using rudimentary movement to integrate the retained reflex, not only promoting higher brain development as well as learning ability, but also improving the postural control and core muscle strength.

This course has acquired permission from Educational Kinesiology Foundation using the goal-balance-process. Through setting an Educational Goal balance along with the application of specific rudimentary movement in specific primitive reflexes, it is effortless to improve the brain function, learning skill and motor skill.

You will learn in this course:

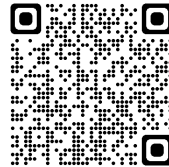
1. Why does physiotherapy treatment improve the learning skill?
2. What are the physical skills and how do they relate to learning?
3. How to assess, observe and integrate retained primitive reflexes including ATNR, STNR and Palmar grasp reflex.
4. Why and how to apply specific rudimentary motor movement to integrate related primitive reflexes.
5. Practicing goal-balance-process in Educational Kinesiology, aims to promoting the brain function, learning skill, and helping any movement free from compensation.
6. Applying Educational kinesiology muscle testing: find out stress in the body (different from testing the muscle strength)

<b>Speaker:</b>	Ms. Pau Hang Yee
<b>Date and Time:</b>	15 June 2024 (Saturday); 9:00am - 4:30pm
	16 June 2024 (Sunday) 9:00am – 5:00pm
<b>Remark:</b>	- Case demonstration will be arranged on 16 June pm;
	- 35 minutes video for self-learning before the class
	- Total course duration: 14 hours including self-study
<b>Venue:</b>	Room 2302, 23/F, Xing Hua Centre, no.433 Shanghai Street, Mongkok, Kowloon
<b>Language:</b>	Cantonese
<b>CPD:</b>	10 points
<b>CPD code:</b>	PC1240004
<b>Quota:</b>	14 nos. of participants
<b>Target participant:</b>	Physiotherapists or physiotherapy students who are open-minded to learn educational mode

### **Application:**

Please fill in the form at the link or access it via the QR code

<https://forms.gle/Utju8FJbKUuTco6Z7>



Course Fee (With Manual included):

- \$3,000 (**HKPU members**)
- \$3,300 (Non-HKPU members and early bird **by 30 April 2024**)
- \$3,500 (Non-HKPU members and apply after 30 April 2024)

Payment via **Faster Payment System: 106082803** (Integrated learner)

### **Enquiry:**

- Email: [hangyeepau@gmail.com](mailto:hangyeepau@gmail.com)
- Tel/ WhatsApp :67115338
- Website: [www.integrated-learner.org](http://www.integrated-learner.org)

### **Point-to-note:**

- Please wear comfortable sportswear attire for practical session
- Bring bottle of water
- Attendance Certification will be issued by HKPU to participants with a minimum of 75% attendance

## Introduction of the speaker

Ms. Pau Hang Yee is a registered nurse and worked in an acute hospital in Hong Kong. Then she completed the study in Bachelors of Rehabilitation Science (physiotherapy) at PolyU Hong Kong and became a registered Physiotherapist.

She specialized as a pediatric physiotherapist in Heep Hong Society from 1996 to 2020. Heep Hong Society is a NGO as well as one of the leading education and rehabilitation organization offering professional services to SEN children and their family.

Pau has been a Brain Gym® instructor/ consultant under the Educational Kinesiology Foundation since 2005 and she has applied Brain Gym® in her workplace since 2007.

She then broadened her horizon by learning primitive reflex integration methods from different international instructors including Mrs. Renate Wennekes, Mrs. Svetlana Masgutova and Mr. Harald Blomberg. Pau found that application of the primitive reflex integration during treatment session has improved attention, gross motor performance and physical skill of the SEN children.

In 2021, Pau published her first publication - 「提升孩子專注力，家長自己來」, in which how to observe if the child has retained primitive reflexes and the application of rudimentary movement for integration was covered. It is a new approach to integrate the retained primitive reflexes.

Through all the solid and profound experience, Pau has gained a deep understanding that most of the learning problems can be greatly improved by physical skills and hence physiotherapist plays an important role on it. She is then established an organization named “Integrated learner” to deliver talk and share her experience to our profession and the public.

